

PULMONARY FUNCTION STUDY INSTRUCTIONS

APPOINTMENT TIME/DATE: _____

COVID UPDATE: To ensure the safety for all of our patients and staff, we are asking that you get COVID testing completed 5-7 days prior to your scheduled appointment. Please have these results available the time of your appointment. You can schedule a test at any of your local pharmacy, San Bernardino or LA county websites. NO TEST REQUIRED WITH RECORD OF COVID VACCINATION.

Please ensure to follow the following instructions prior to your appointment:

1. Should you have a **rescue inhaler**, please bring it to your appointment.
2. **DO NOT** take any breathing medications the day of your appointment including inhalers, steroids, etc. However, you may bring your breathing medications and take them after testing.
3. **DO NOT** take any antihistamines, cough medication, cough suppressants, etc. at least 6 hours prior to your test.
4. Have a **light** breakfast or lunch.
5. Withhold from taking caffeinated drinks, alcoholic beverages, smoking and/or exercise at least 6 hours prior to your test.
6. WOMEN; DO NOT wear lipstick nor foundation.
7. If you use oxygen, please bring it to your appointment.
8. The study takes approximately 1 to 1 ½ hours to complete, please arrange your schedule accordingly.
9. Should you need to complete paperwork, we ask you to arrive at least 10 minutes prior to your scheduled appointment time.
10. Please be sure to have orders, your current insurance card, and authorization at hand, at the time of check-in.
11. We strongly advise you to **PLEASE be on time** to your appointment; otherwise, you will be rescheduled.

In order to provide the physician with the most accurate test results, the above instructions must be followed. Should you have any questions or concerns, please feel free to contact our PFT Technician.

IF YOU NEED TO CANCEL OR RESCHEDULE YOUR APPOINTMENT, A 24-HOUR NOTICE IS ABSOLUTELY MANDATORY. PLEASE CALL THE PHONE NUMBER ABOVE TO INFORM OUR STAFF OF ANY CHANGES. SHOULD YOU FAIL TO DO SO, A \$75 CANCELLATION FEE WILL BE DIRECTLY BILLED TO YOU; HEALTH INSURANCES DO NOT COVER THIS EXPENSE.

Thank You
Inland Physicians Medical Group